

## **DRY NEEDLING**

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It is the position of the Board, in an environment of ever-evolving treatments, that all licensees are required to educate themselves through formal, post-graduate education/training with respect to procedures, technologies, modalities and other treatments that are new to them. Training should be adequate to perform any and all such treatments at accepted and prevailing standards of care. Patient harm can occur when licensees practice outside areas in which they were formally trained and are unable to meet applicable standards of care.

It is the position of the Board that Dry Needling is a treatment that falls within the scope of Chiropractic in NC. Accordingly, licensed North Carolina chiropractic physicians who have completed adequate training in Dry Needling may administer Dry Needling. Licensees are responsible for a) completing the formal training necessary to become competent in administering Dry Needling prior to treating patients with this modality, and b) for retaining proof of successful completion of such training while practicing in North Carolina. The Board recommends that licensees complete a minimum of 24-hours of Dry Needling training before introducing it into their practice.