

CBD Position Statement

Revised and Approved: 5 22 2023

The FDA has ruled that CBD (cannabidiol) products may not be marketed as supplements. While North Carolina chiropractors have statutory authority to prescribe and sell supplements as part of a chiropractic care plan, CBD is no longer considered a supplement. Therefore, DCs may not prescribe or sell CBD products as part of a care plan.

CBD Creams and Lotions

Since CBD is not a supplement, the route of administration of CBD is irrelevant, whether oral or transdermal. The board's position is that while, generally speaking, lotions and transdermal creams may be supplements as defined by our statutes, CBD is not a supplement, and therefore, it is outside the scope of chiropractic for a chiropractor to prescribe or sell CBD, including CBD lotions and CBD creams.